

AFTER COMPLETION OF ENDODONTIC TREATMENT

Your endodontic treatment is now complete. **PLEASE PHONE YOUR DENTIST WITHIN THE NEXT FEW DAYS FOR AN APPOINTMENT TO PLACE A FINAL RESTORATION FOR THIS TOOTH. WE STRONGLY RECOMMEND HAVING THIS PLACED BETWEEN THE NEXT 10 DAYS TO 6-8 WEEKS OF TODAY'S APPOINTMENT.** This will protect the tooth against fracture and decay. Most back teeth with root canals require caps or crowns. *** *Failure to obtain a final restoration may result in fracture, retreatment or possible loss of the tooth.* ***

The tooth and its surrounding gum tissues may be somewhat tender for several days as a result of manipulation during treatment. Do not be surprised if you cannot bite on this tooth for several days. Brush your teeth as usual and avoid chewing on that side of your mouth until the tenderness is gone. The tooth is protected by a temporary filling over a small piece of cotton. We recommend that you avoid hard and sticky foods because they may loosen your filling or cause the tooth to fracture. You may eat or drink as soon as the numbness wears off. If a medication was prescribed, follow the directions and precautions as written. ***If you experience a rash, itching, swelling, or hives, this may be a reaction to a prescribed medication – STOP TAKING THE PRESCRIBED MEDICATION IMMEDIATELY and call the office. If it is after hours and this occurs, please call or go to the hospital Emergency Room.*** If no medication was prescribed, we recommend taking an anti-inflammatory medication such as Advil, Motrin, Nuprin or Aleve. For example, you may take 600mg of ibuprofen every 6 hours for the first 3 days following treatment. *If you cannot take ibuprofen, take two Extra-Strength Tylenol tablets every 6 hours.* Follow all precautions and directions closely. If you are unsure of the dosage amount, follow the recommendations listed on the bottle.

Your dentist will be informed that your endodontic treatment has now been completed, and a progress report with x-rays will be sent within the next 2 days.

In the unlikely event that you develop pain or swelling, call our office promptly at (336)586-9696. If you are calling after office hours please leave a message in Dr. Jepko's mailbox #3 and follow the instructions to identify your message as urgent, and make certain to leave the phone number where you can be reached.

THANK YOU FOR THE OPPORTUNITY TO BE OF SERVICE.

EXAMPLE ONLY

If you can take anti-inflammatory medication as well as Tylenol medication, *but if neither one* does not give you complete relief, you may try the following regimen:

9:00am: 600mg of ibuprofen, (3 Advil)

12:00pm: 2 tabs *Regular* Tylenol

3:00pm: 600mg of ibuprofen, (3 Advil)

6:00pm: 2 tabs *Regular* Tylenol

9:00pm: 600mg of ibuprofen, (3 Advil)

And continue as needed, alternating ibuprofen and Regular Tylenol **every 3 hours.** If symptoms do not improve after 3 days, please call the office or page Dr. Jepko through the answering machine (mailbox 3) if necessary.